

## **ATTENTION ADULT PATIENTS**

PLEASE DO NOT BRING YOUR CHILDREN TO  
YOUR APPOINTMENT.

THIS CAUSES TOO MUCH MENTAL  
EXCITEMENT FOR OUR NEUROLOGICAL  
PATIENTS.

LOUD NOISES AND STIMULUS CAN HAVE  
DETREMENTAL AFFECTS ON OUR SEIZURE  
PATIENTS.

THIS IS WHY WE HAVE SEPARATE ADULT  
AND PEDIATRIC DAYS.

IF YOU DO BRING YOUR CHILDREN YOU  
MAY BE ASKED TO HAVE SOMEONE WAIT  
WITH THEM IN THE HALL UNTIL YOUR  
APPOINTMENT IS OVER.

THANK YOU!



**Covenant HealthCare**  
1447 North Harrison  
Saginaw, MI 48602

## PATIENT HEALTH HISTORY FORM

**Covenant Neurosurgery**  
800 Cooper Ave., Ste. 8  
Saginaw, MI 48602  
Tel: (989) 752-1177  
Fax: (989) 752-2923

PF08139 (R 8/14)

Today's Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_ Social Security #: \_\_\_\_\_

Reason for Visit: \_\_\_\_\_

Please list all physicians you are under the care of:

Physician's Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

Physician's Name: \_\_\_\_\_ Phone Number: \_\_\_\_\_

**A. This problem is the result of a(n):** *Check all that apply* Date of Injury: \_\_\_\_\_  
 Motor Vehicle Accident     Work Accident     Accident

**B. Social History:** *Check all that apply*

Marital Status:  Single     Married     Separated     Divorced     Widowed    Spouse Name \_\_\_\_\_

Smoking:  I smoke \_\_\_\_\_ pack of cigarettes per day for \_\_\_\_\_ years.  
 I never smoked.     I don't smoke now, but I smoked \_\_\_\_\_ packs for \_\_\_\_\_ years on the past.  
 (I quit smoking \_\_\_\_\_ years ago).  
 I chew tobacco.     I smoke cigars or a pipe.

Alcohol:  I drink \_\_\_\_\_ (type and amount of alcohol)  
 Daily     1 or More Times/Week     1 or More Times/Month  
 1 or More Times/Year  
 I quit drinking alcohol \_\_\_\_\_ years ago.  
 I never drink alcohol.

Illegal Drugs:  I use \_\_\_\_\_ (type and frequency)  
 I used \_\_\_\_\_ (type and frequency) in the past  
 I never used illegal drugs.

**C. List Drug or Medication Allergies with type of Reaction (Rash, Stop Breathing, Etc.)**

No known allergies

Medication	Reaction	Medication	Reaction
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

Have you had skin or other reactions to: *Check all that apply*

- Novocaine     Tetanus Antitoxin     Iodine  
 IVP Dye     Latex Rubber     Shellfish

**D. MAJOR ILLNESSES AND INJURIES**  None

\_\_\_\_\_

\_\_\_\_\_

**E. Do you have any of the following medical problems? Check all that apply**

How Long?

- Cholesterol \_\_\_\_\_
- Diabetes \_\_\_\_\_
- High Blood Pressure \_\_\_\_\_
- Cancer Where? \_\_\_\_\_
- Stroke \_\_\_\_\_
- Heart Trouble \_\_\_\_\_
- Convulsions/Seizures/Epilepsy \_\_\_\_\_
- MS \_\_\_\_\_
- Parkinsons \_\_\_\_\_
- Memory Loss \_\_\_\_\_
- Headache \_\_\_\_\_
- Dizziness \_\_\_\_\_
- Other \_\_\_\_\_
- None of the Above**

**F. SURGERIES/HOSPITALIZATIONS** **YEAR** **COMPLICATIONS**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Have you ever had problems with anesthesia?  Yes  No  
 None

**G. Family Medical History:**

<u>Family Member</u>	<u>Alive/Dead</u>	<u>Age</u>	<u>Illnesses/Cause of Death</u>
Father	<input type="checkbox"/> / <input type="checkbox"/>		
Mother	<input type="checkbox"/> / <input type="checkbox"/>		
Sister(s)	<input type="checkbox"/> / <input type="checkbox"/>		
	<input type="checkbox"/> / <input type="checkbox"/>		
Brother(s)	<input type="checkbox"/> / <input type="checkbox"/>		
	<input type="checkbox"/> / <input type="checkbox"/>		

**H. CURRENT MEDICATIONS** **DOSE** **HOW OFTEN**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Are any of your medications blood thinners?  Yes  No  
 I do not take any prescription/over the counter medications.

<b>I. Do you have any of the following? Check all that apply</b>		
<b>GENERAL</b>		
<input type="checkbox"/> Fever	<input type="checkbox"/> Weight Loss	<input type="checkbox"/> Weight Gain
<input type="checkbox"/> Fatigue	<input type="checkbox"/> Night Sweats	<input type="checkbox"/> <b>None</b>
<b>EYES</b>		
<input type="checkbox"/> Wear Glasses/Contacts	<input type="checkbox"/> Eye Infections	<input type="checkbox"/> Eye Injuries
<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Cataracts	<input type="checkbox"/> Blurred Vision
<input type="checkbox"/> Double Vision		<input type="checkbox"/> <b>None</b>
<b>EARS/NOSE/THROAT/MOUTH</b>		
<input type="checkbox"/> Hearing Loss	<input type="checkbox"/> Ringing in Ears	<input type="checkbox"/> Ear Pain
<input type="checkbox"/> Wearing Hearing Aides	<input type="checkbox"/> Ear Infections	<input type="checkbox"/> Balance Problems
<input type="checkbox"/> Sinus Infections	<input type="checkbox"/> Nose Bleeds	<input type="checkbox"/> Inability to Smell
<input type="checkbox"/> Sinus Headaches	<input type="checkbox"/> Mouth Sores	<input type="checkbox"/> Bleeding Gums
<input type="checkbox"/> Bad Breath	<input type="checkbox"/> Bad Taste in Mouth	<input type="checkbox"/> Sore Throat
<input type="checkbox"/> Voice Change	<input type="checkbox"/> Swollen Glands in Neck	<input type="checkbox"/> <b>None</b>
<b>HEART/CARDIOVASCULAR</b>		
<input type="checkbox"/> Chest Pain or Angina	<input type="checkbox"/> Irregular Pulse or Palpitations	
<input type="checkbox"/> Heart Murmur	<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Swelling of Hands
<input type="checkbox"/> Swelling of Feet or Ankles	<input type="checkbox"/> Shortness of Breath with Walking/Lying Flat	
<input type="checkbox"/> Leg Pain with Walking		<input type="checkbox"/> <b>None</b>
<b>BREATHING/RESPIRATORY</b>		
<input type="checkbox"/> Frequent Cough	<input type="checkbox"/> Chronic Cough	<input type="checkbox"/> Spitting up Blood
<input type="checkbox"/> Shortness of Breath	<input type="checkbox"/> Asthma	<input type="checkbox"/> Wheezing
<b>STOMACH/BOWELS/GASTROINTESTINAL</b>		
<input type="checkbox"/> Loss of Appetite	<input type="checkbox"/> Indigestion	<input type="checkbox"/> Nausea
<input type="checkbox"/> Vomiting	<input type="checkbox"/> Stomach Pain	<input type="checkbox"/> Heartburn
<input type="checkbox"/> Ulcer	<input type="checkbox"/> Gastritis	<input type="checkbox"/> Constipation
<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Pain with Bowel Movement	<input type="checkbox"/> <b>None</b>
<input type="checkbox"/> Liver Disease	<input type="checkbox"/> Rectal Bleeding or Blood in Stool	
<input type="checkbox"/> Jaundice		
<b>GENITOURINARY</b>		
<input type="checkbox"/> Frequent Urination	<input type="checkbox"/> Burning with Urination	<input type="checkbox"/> Pain with Urination
<input type="checkbox"/> Blood in Urine	<input type="checkbox"/> Change of force of Stream with Urinating	
<input type="checkbox"/> Kidney Stones	<input type="checkbox"/> Incontinence or Dribbling	
<input type="checkbox"/> Sexual Difficulty	<input type="checkbox"/> Urinary Tract Infections	
	<input type="checkbox"/> Testicle Pain	<input type="checkbox"/> Prostate Problems
<u>Males</u>	<input type="checkbox"/> Pain with Periods	<input type="checkbox"/> Irregular Periods
<u>Females</u>	# of Pregnancies_____	# of Miscarriages_____
<input type="checkbox"/> Vaginal Discharge	Date of last Menstrual Period_____	<input type="checkbox"/> <b>None</b>
<input type="checkbox"/> Currently Pregnant		
<b>MUSCLES AND BONES/MUSCULOSKELETAL</b>		
<input type="checkbox"/> Joint Pain	<input type="checkbox"/> Joint Stiffness	<input type="checkbox"/> Joint Swelling
<input type="checkbox"/> Weakness of Muscles	<input type="checkbox"/> Weakness of Joints	<input type="checkbox"/> Muscle Pain
<input type="checkbox"/> Back Pain	<input type="checkbox"/> Muscle Spasms or Cramps	
<input type="checkbox"/> Difficulty Walking	<input type="checkbox"/> Coldness in Arms or Legs	<input type="checkbox"/> <b>None</b>
<b>SKIN/BREAST/INTEGUMENTARY</b>		
<input type="checkbox"/> Rash	<input type="checkbox"/> Itching	<input type="checkbox"/> Varicose Veins
<input type="checkbox"/> Change in Skin Color	<input type="checkbox"/> Change in Hair or Nails	<input type="checkbox"/> <b>None</b>
<input type="checkbox"/> Breast Pain	<input type="checkbox"/> Breast Lump	<input type="checkbox"/> Breast Discharge

<b>NEUROLOGICAL</b>		
<input type="checkbox"/> Frequent Headaches	<input type="checkbox"/> Lightheaded or Dizzy	<input type="checkbox"/> Tremors
<input type="checkbox"/> Convulsions/Seizures	<input type="checkbox"/> Numbness	<input type="checkbox"/> Tingling
<input type="checkbox"/> Paralysis	<input type="checkbox"/> Stroke	<input type="checkbox"/> Head Injury
<input type="checkbox"/> Speech Problems	<input type="checkbox"/> Coordination Problems	<input type="checkbox"/> Face Weakness
		<input type="checkbox"/> <b>None</b>
<b>MENTAL/PSYCHIATRIC</b>		
<input type="checkbox"/> Confusion	<input type="checkbox"/> Memory Loss	<input type="checkbox"/> Nervousness
<input type="checkbox"/> Depression	<input type="checkbox"/> Insomnia	<input type="checkbox"/> <b>None</b>
<b>GLANDS/ENDOCRINE</b>		
<input type="checkbox"/> Diabetes	<input type="checkbox"/> Thyroid Disease	<input type="checkbox"/> Hormone Problems
<input type="checkbox"/> Excessive Thirst	<input type="checkbox"/> Excessive Urination	<input type="checkbox"/> Skin becoming Dryer
<input type="checkbox"/> Heat or Cold Intolerance	<input type="checkbox"/> Change in Hat or Glove Size	<input type="checkbox"/> <b>None</b>
<b>BLOOD/INFECTION HEMATOLOGIC/LYMPHATIC</b>		
<input type="checkbox"/> Slow to Heal after Cuts	<input type="checkbox"/> Bleeding Tendencies	<input type="checkbox"/> Bruises Easily
<input type="checkbox"/> Anemia	<input type="checkbox"/> Plebitis	<input type="checkbox"/> Past Transfusions
<input type="checkbox"/> Persistent Swollen Glands		<input type="checkbox"/> <b>None</b>
<b>ALLERGIC/IMMUNOLOGIC</b>		
<input type="checkbox"/> Cancer	Where _____	Treatment _____
List Food Allergies _____		
List Environmental Allergies _____		
(Dust, Pollen, Molds, Etc.) _____		
<input type="checkbox"/> None		
<b>I certify that the above information is complete and correct to the best of my knowledge:</b>		
Name of Person Completing Form	Relationship to Patient	
Signature of Person Completing Form	Date	

Note: This is a confidential record and will be kept in our office. Information contained here will not be released to anyone other than your doctor without your authorization.



**Covenant HealthCare**  
1447 North Harrison  
Saginaw, MI 48602

**CONSENT/PATIENT INFORMATION**

PF02996 (2/11)

PATIENT I.D.

Patient Full Legal Name: \_\_\_\_\_ Photo ID: y/n \_\_\_\_\_

Date of Birth: \_\_\_\_\_ Soc Sec #: \_\_\_\_\_ Patient Sex: \_\_\_\_\_ Male \_\_\_\_\_ Female

Address: \_\_\_\_\_ Marital Status: S / M / D / W

City, State, Zip: \_\_\_\_\_ Ethnicity: \_\_\_\_\_

Telephone: \_\_\_\_\_ Preferred Language: \_\_\_\_\_

Cell Phone#:(\_\_\_\_\_) \_\_\_\_\_ Race: White / Black / Hispanic / Asian / Other

Email Address: \_\_\_\_\_

Contact Person Other than Home: \_\_\_\_\_ Telephone #: ( \_\_\_\_\_ ) \_\_\_\_\_ - \_\_\_\_\_

Patient Employer: \_\_\_\_\_ Employer Telephone: \_\_\_\_\_

Employer Address: \_\_\_\_\_ Date of Retirement: \_\_\_\_\_

Student: Full Time: \_\_\_\_\_ Part Time: \_\_\_\_\_ Parent/Guardian: \_\_\_\_\_

Family Doctor: \_\_\_\_\_ Referring Doctor: \_\_\_\_\_

Pharmacy \_\_\_\_\_ Location: \_\_\_\_\_

BILL TO: Self \_\_\_ Parent/Guardian \_\_\_ Work comp \_\_\_ Auto \_\_\_ Insured Name & Date of Birth \_\_\_\_\_

Primary Insurance: \_\_\_\_\_ Secondary Insurance: \_\_\_\_\_

Spouse Name: \_\_\_\_\_ Spouse Employer: \_\_\_\_\_

Spouse Date of Birth: \_\_\_\_\_ Employer Address: \_\_\_\_\_

Spouse Soc. Sec. #: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Date of Retirement: \_\_\_\_\_

**AUTHORIZATION FOR MEDICAL INSURANCE BENEFITS**

- 1) I assign payment to be made on my behalf to Covenant Healthcare.
- 2) I also authorize Covenant Healthcare to furnish information necessary for claims processing to any insurance carrier concerning my illness and treatments.
- 3) A universal claim form will be completed to help expedite insurance carrier payment.
- 4) I understand that all professional services will be charged to the patient for insurance other than our participating carriers.
- 5) Payment of the account is the patient's direct responsibility and I am responsible for any non-paid services.
- 6) Payment for services are due when rendered unless other arrangements have been made in advance with our billing staff.

\_\_\_\_\_ Date

\_\_\_\_\_ Patient Signature/Guardian



Covenant HealthCare  
1447 North Harrison  
Saginaw, MI 48602

**ACKNOWLEDGMENT/  
RECEIPT OF NOTICE OF  
PRIVACY PRACTICES**

PF08203 (R 12/04)

PATIENT I.D.

I acknowledge, by signing below, that I have received a copy of the Covenant HealthCare **Notice of Privacy Practices**.

Name \_\_\_\_\_

Signature \_\_\_\_\_

Date: \_\_\_\_/\_\_\_\_/\_\_\_\_

**Covenant HealthCare Staff Use Only**

Acknowledgment Received: \_\_\_\_/\_\_\_\_/\_\_\_\_

Reason Acknowledgment **was not** Received:

I have previously received the Notice of Privacy Practices.

Other, explain:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Covenant HealthCare Staff \_\_\_\_\_  
(Signature)



## Authorization for Release of Information

This may include your spouse, children, siblings, caregiver, etc

Date: \_\_\_\_\_

I, \_\_\_\_\_, give Covenant Neurosurgery permission to release and/or discuss my medical information with the following people:

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

Name: \_\_\_\_\_

Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

I, \_\_\_\_\_, give consent to the office listed above to identify themselves and leave messages on the answering machines/voice mails attached to the phone numbers I have listed as my contact numbers. I understand that the messages may include information on dates of future appointments and/or test results.

\_\_\_\_\_  
Patient Signature \*

\_\_\_\_\_  
Date of Birth

\_\_\_\_\_  
Date

\_\_\_\_\_  
Witness

\_\_\_\_\_  
Date





MSSIC Data Registry  
Lumbar Baseline  
Patient Questionnaire



Patient Name (please print): \_\_\_\_\_

Date of Birth: \_\_\_\_\_

Date of Questionnaire: \_\_\_\_\_

*We ask that you please complete this form as fully and accurately as possible. Some questions may be difficult, but we ask that you answer them to the best of your ability. Please be sure to follow the directions in each section. Clearly print responses and mark boxes where needed.*

*Thank you for your time filling out this questionnaire, your answers will help us to provide the best possible spine care.*

**Back & Leg Pain Scale**

Please describe your back and leg pain when off your pain medication. Please rate your back pain and leg pain on a scale of 0 to 10, where zero (0) would mean "no pain" and a ten (10) would mean "worst pain imaginable."

For example, describe your pain when you are off your medication, after your pain medication has worn off, when you are due to take your next pill, that is please describe how your pain would feel if you were not on pain medication.

Please rate your back pain on a scale of 0 to 10 over the past 7 days (0 through 10): \_\_\_\_\_

Now, please rate your leg pain on a scale of 0 to 10 over the past 7 days (0 through 10): \_\_\_\_\_

**Oswestry Disability Index (ODI)**

This questionnaire is designed to give us information as to how your back (or leg) trouble affects your ability to manage in everyday life.

Please answer every section. Mark one box only in each section that most closely describes you today.

**Section 1 - Pain intensity**

- 0  I have no pain at the moment
- 1  The pain is very mild at the moment
- 2  The pain is moderate at the moment
- 3  The pain is fairly severe at the moment
- 4  The pain is very severe at the moment
- 5  The pain is the worst imaginable at the moment

**Section 2 - Personal care (washing, dressing, etc.)**

- 0  I can look after myself normally without causing extra pain
- 1  I can look after myself normally but it is very painful
- 2  It is painful to look after myself and I am slow and careful
- 3  I need some help but manage most of my personal care
- 4  I need help every day in most aspects of self-care
- 5  I do not get dressed, wash with difficulty and stay in bed

Section 3 – Lifting

- 0  I can lift heavy weights without extra pain
- 1  I can lift heavy weights but it gives extra pain
- 2  Pain prevents me from lifting heavy weights off the floor but I can manage if they are conveniently positioned, e.g. on a table
- 3  Pain prevents me from lifting heavy weights but I can manage light to medium weights if they are conveniently positioned
- 4  I can lift only very light weights
- 5  I cannot lift or carry anything at all

Section 4 - Walking

- 0  Pain does not prevent me walking any distance
- 1  Pain prevents me walking more than one mile
- 2  Pain prevents me walking more than a quarter of a mile
- 3  Pain prevents me walking more than 100 yards
- 4  I can only walk using a stick or crutches
- 5  I am in bed most of the time and have to crawl to the toilet

Section 5 - Sitting

- 0  I can sit in any chair as long as I like
- 1  I can sit in my favorite chair as long as I like
- 2  Pain prevents me from sitting for more than 1 hour
- 3  Pain prevents me from sitting for more than half an hour
- 4  Pain prevents me from sitting for more than 10 minutes
- 5  Pain prevents me from sitting at all

Section 6 - Standing

- 0  I can stand as long as I want without extra pain
- 1  I can stand as long as I want but it gives me extra pain
- 2  Pain prevents me from standing for more than 1 hour
- 3  Pain prevents me from standing for more than half an hour
- 4  Pain prevents me from standing for more than 10 minutes
- 5  Pain prevents me from standing at all

Section 7 – Sleeping

- 0  My sleep is never disturbed by pain
- 1  My sleep is occasionally disturbed by pain
- 2  Because of pain I have less than 6 hours sleep
- 3  Because of pain I have less than 4 hours sleep
- 4  Because of pain I have less than 2 hours sleep
- 5  Pain prevents me from sleeping at all

Section 8 - Sex life (if applicable)

- 0  My sex life is normal and causes no extra pain
- 1  My sex life is normal but causes some extra pain
- 2  My sex life is nearly normal but it is very painful
- 3  My sex life is severely restricted by pain
- 4  My sex life is nearly absent because of pain
- 5  Pain prevents any sex life at all

Section 9 - Social life

- 0  My social life is normal and causes me no extra pain
- 1  My social life is normal but increases the degree of pain
- 2  Pain has no significant effect on my social life apart from limiting my more energetic interests, e.g. sports, etc.
- 3  Pain has restricted my social life and I do not go out as often
- 4  Pain has restricted social life to my home
- 5  I have no social life because of pain

Section 10 - Traveling

- 0  I can travel anywhere without pain
- 1  I can travel anywhere but it gives extra pain
- 2  Pain is bad but I manage journeys over two hours
- 3  Pain restricts me to journeys of less than one hour
- 4  Pain restricts me to short necessary journeys under 30 minutes
- 5  Pain prevents me from traveling except to receive treatment

\*\*\*\*\*

**FOR OFFICE USE**

Date \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Score \_\_\_\_ / \_\_\_\_ X 100 = \_\_\_\_%

Name: \_\_\_\_\_

Date of Birth: \_\_\_\_\_

**Quality of Life (EQ-5D)**

By marking one box in each group below, please indicate which statements best describe your own health state today.

**Mobility**

- I have no problems in walking about
- I have some problems in walking about
- I am confined to bed

**Self-Care**

- I have no problems with self-care
- I have some problems washing or dressing myself
- I am unable to wash or dress myself

**Usual Activities (e.g. work, study, housework, family or leisure activities)**

- I have no problems with performing my usual activities
- I have some problems with performing my usual activities
- I am unable to perform my usual activities

**Pain/Discomfort**

- I have no pain or discomfort
- I have moderate pain or discomfort
- I have extreme pain or discomfort

**Anxiety/Depression**

- I am not anxious or depressed
- I am moderately anxious or depressed
- I am extremely anxious or depressed

To help people say how good or bad a health state is, we have drawn a scale (rather like a thermometer) on which the best state you can imagine is marked 100 and the worst state you can imagine is marked 0.

We would like you to indicate on this scale how good or bad your own health is today, in your opinion. Please do this by choosing a number on the scale to indicate how your health is TODAY.

Now, please enter the number you chose on the scale in the box provided (0 through 100): \_\_\_\_\_

Do you participate in activities outside the home (i.e. gardening, golf, walking, cycling, volunteering)?

- Yes
- No



If "Yes":

Would you describe your activity as....

- Sedentary or Light       Moderate       Strenuous

Do you participate in activities inside the home (vacuuming, cooking, general housework)?

- Yes       No

If "Yes":

Would you describe your activity as...

- Sedentary or Light       Moderate       Strenuous

Do you plan on returning to your previous activity?

- Yes       No

On a daily basis, do you generally walk...

- Independently  
 With an assistive device (cane or walker)  
 Do not walk (wheelchair bound)

---

Over the last 2 weeks, how often have you been bothered by any of the following problems?

1. Little interest or pleasure in doing things

- Not at all  
 Several days  
 More than half the days  
 Nearly every day

2. Feeling down, depressed, or hopeless

- Not at all  
 Several days  
 More than half the days  
 Nearly every day

Do you have a history of....

Smoking

- Current every day smoker
- Current some days smoker
- Former smoker
- Never smoked
- Prefer not to answer

Diabetes

- No
- Yes, Type I
- Yes, Type II - Insulin dependent
- Yes, Type II - Non-insulin dependent

Coronary Artery Disease (CAD)

- Yes
- No

Osteoporosis

- Yes
- No

Anxiety Disorder

- Yes
- No

Depression Disorder

- Yes
- No

Did you ever have a blood clot (deep venous thrombosis)?

- Yes
- No

Has your doctor ever told you that you have a tendency to form blood clots?

- Yes
- No

Do you take opioid painkillers daily to control your pain? (prescription medications such as Vicodin, Lortab, Norco, hydrocodone, codeine, Tylenol #3 or #4, fentanyl, Duragesic, MS Contin, Percocet, Tylox, OxyContin, oxycodone, methadone, tramadol, Ultram, Dilaudid)

- Yes
- No

If "Yes":

How long have you been using opioid painkillers on a daily basis?

- Less than 3 weeks
- 3 months but less than 6 months
- 3 weeks but less than 6 weeks
- 6 months or greater
- 6 weeks but less than 3 months

Is this spinal injury related to...

Was your spinal injury caused by a motor vehicle injury?

- Yes       No       Unknown

Workers Compensation Claim

- Yes       No       Undecided       Prefer not to answer

Liability or Disability Insurance Claim

- Yes       No       Undecided       Prefer not to answer

Are you working?

- Yes - Full-time  
 Yes - Part-time  
 No  
 Retired  
 Volunteering  
 On disability

*If "Yes - Part-time"*

Is the part-time status because of your neck or back problems?

- Yes       No

*If "Yes" Either "Full-time" or "Part-time":*

Would you say your job was...

- Sedentary  
 Light  
 Medium  
 Heavy

Does your job require you to stand up to 6 hours per day?

- Yes       No

Does your job require you to lift ...

- Frequently more than 50 pounds  
 Frequently more than 25 pounds and occasionally 50 pounds  
 Frequently 10 pounds and occasionally 25 pounds  
 Occasionally up to 10 pounds

Regardless of your current work status, do you plan to return to work after your surgery?

- Yes       No       Unknown

If "Are you working?" is "Retired":

Are you retired because of your back or neck problems?

- Yes       No

If "Are you working?" is "No":

Are you not working because of your back or neck problems?

- Yes       No

**Additional Information...**

**Race/Ethnicity**

- White  
 Black or African American  
 Asian  
 Hispanic or Latino  
 American Indian  
 Unknown/Refused  
 Other

**Level of Education**

- Less than High School  
 High School Diploma or GED  
 Two-Year College Degree  
 Four-Year College Degree  
 Post-College

What is your preference for future contact for this study?

- E-mails with access to web-based questionnaires

E-mail address: \_\_\_\_\_

- Telephone calls with questionnaires by interview process

Phone number: \_\_\_\_\_

- Mailings with paper questionnaires to be returned