## My Medical Information Name \_\_\_\_\_ **Physicians** Primary Care \_\_\_\_\_ Address \_\_\_\_\_ Phone \_\_\_\_\_ City/State/Zip \_\_\_\_\_ Other \_\_\_\_ Phone \_\_\_\_\_ Specialty \_\_\_\_\_ Date of Birth Phone\_\_\_\_\_ **Emergency Contact** Insurance Provider Name \_\_\_\_\_ Name \_\_\_\_\_ Phone\_\_\_\_\_ Policy #\_\_\_\_\_ List any reactions to drugs, food or allergies. Please be sure to include Phone \_\_\_\_\_ your reaction or intolerance of each. **Primary Pharmacy** Phone

**Immunization Dates** 

Pneumovax Zostavax

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Bus. Dev. (AQ/RF) 5/15

## My Medication Chart

Name of Medicine or Product	Color/Shape	Daily Dose	Frequency/How Taken	Purpose/Use	Start Date
Example: Naproxen	white, round	1 tablet, 250 mg	2 times/day with food	Arthritis	7/1/2008

Date			
Date			

## Include all prescriptions, over-the-counter medicines and dietary supplements such as:

- Allergy medicines
- Antacids
- Antibiotics
- Blood pressure/heart medicines
- Chronic condition medicines
- Cold or cough medicines
- Herbal supplements
- Hormones or contraceptives
- Laxatives
- Medicine patches
- Pain medicines
- Sleeping pills
- Vitamins
- Weight loss pills