

ATTENTION ADULT PATIENTS

PLEASE DO NOT BRING YOUR CHILDREN TO
YOUR APPOINTMENT.

THIS CAUSES TOO MUCH MENTAL
EXCITEMENT FOR OUR NEUROLOGICAL
PATIENTS.

LOUD NOISES AND STIMULUS CAN HAVE
DETREMENTAL AFFECTS ON OUR SEIZURE
PATIENTS.

THIS IS WHY WE HAVE SEPARATE ADULT
AND PEDIATRIC DAYS.

IF YOU DO BRING YOUR CHILDREN YOU
MAY BE ASKED TO HAVE SOMEONE WAIT
WITH THEM IN THE HALL UNTIL YOUR
APPOINTMENT IS OVER.

THANK YOU!



PATIENT HEALTH HISTORY FORM

Covenant HealthCare
1447 North Harrison
Saginaw, MI 48602

Covenant Neurosurgery
800 Cooper Ave., Ste. 8
Saginaw, MI 48602
Tel: (989) 752-1177
Fax: (989) 752-2923

PF08139 (R 8/14)

Today's Date:
Patient Name: Date of Birth:
Height: Weight: Social Security #:
Reason for Visit:

Please list all physicians you are under the care of:

Physician's Name: Phone Number:
Physician's Name: Phone Number:
Physician's Name: Phone Number:

A. This problem is the result of a(n): Check all that apply Date of Injury:
Motor Vehicle Accident Work Accident Accident

B. Social History: Check all that apply
Marital Status: Single Married Separated Divorced Widowed Spouse Name
Smoking: I smoke pack of cigarettes per day for years.
I never smoked. I don't smoke now, but I smoked packs for years on the past.
(I quit smoking years ago).
I chew tobacco. I smoke cigars or a pipe.
Alcohol: I drink (type and amount of alcohol)
Daily 1 or More Times/Week 1 or More Times/Month
1 or More Times/Year
I quit drinking alcohol years ago.
I never drink alcohol.
Illegal Drugs: I use (type and frequency)
I used (type and frequency) in the past
I never used illegal drugs.

C. List Drug or Medication Allergies with type of Reaction (Rash, Stop Breathing, Etc.)
No known allergies
Medication Reaction Medication Reaction

Have you had skin or other reactions to: Check all that apply
Novocaine Tetanus Antitoxin Iodine
IVP Dye Latex Rubber Shellfish

I. Do you have any of the following? Check all that apply		
GENERAL		
<input type="checkbox"/> Fever	<input type="checkbox"/> Weight Loss	<input type="checkbox"/> Weight Gain
<input type="checkbox"/> Fatigue	<input type="checkbox"/> Night Sweats	<input type="checkbox"/> None
EYES		
<input type="checkbox"/> Wear Glasses/Contacts	<input type="checkbox"/> Eye Infections	<input type="checkbox"/> Eye Injuries
<input type="checkbox"/> Glaucoma	<input type="checkbox"/> Cataracts	<input type="checkbox"/> Blurred Vision
<input type="checkbox"/> Double Vision		<input type="checkbox"/> None
EARS/NOSE/THROAT/MOUTH		
<input type="checkbox"/> Hearing Loss	<input type="checkbox"/> Ringing in Ears	<input type="checkbox"/> Ear Pain
<input type="checkbox"/> Wearing Hearing Aides	<input type="checkbox"/> Ear Infections	<input type="checkbox"/> Balance Problems
<input type="checkbox"/> Sinus Infections	<input type="checkbox"/> Nose Bleeds	<input type="checkbox"/> Inability to Smell
<input type="checkbox"/> Sinus Headaches	<input type="checkbox"/> Mouth Sores	<input type="checkbox"/> Bleeding Gums
<input type="checkbox"/> Bad Breath	<input type="checkbox"/> Bad Taste in Mouth	<input type="checkbox"/> Sore Throat
<input type="checkbox"/> Voice Change	<input type="checkbox"/> Swollen Glands in Neck	<input type="checkbox"/> None
HEART/CARDIOVASCULAR		
<input type="checkbox"/> Chest Pain or Angina	<input type="checkbox"/> Irregular Pulse or Palpitations	
<input type="checkbox"/> Heart Murmur	<input type="checkbox"/> High Cholesterol	<input type="checkbox"/> Swelling of Hands
<input type="checkbox"/> Swelling of Feet or Ankles	<input type="checkbox"/> Shortness of Breath with Walking/Lying Flat	
<input type="checkbox"/> Leg Pain with Walking		<input type="checkbox"/> None
BREATHING/RESPIRATORY		
<input type="checkbox"/> Frequent Cough	<input type="checkbox"/> Chronic Cough	<input type="checkbox"/> Spitting up Blood
<input type="checkbox"/> Shortness of Breath	<input type="checkbox"/> Asthma	<input type="checkbox"/> Wheezing
STOMACH/BOWELS/GASTROINTESTINAL		
<input type="checkbox"/> Loss of Appetite	<input type="checkbox"/> Indigestion	<input type="checkbox"/> Nausea
<input type="checkbox"/> Vomiting	<input type="checkbox"/> Stomach Pain	<input type="checkbox"/> Heartburn
<input type="checkbox"/> Ulcer	<input type="checkbox"/> Gastritis	<input type="checkbox"/> Constipation
<input type="checkbox"/> Diarrhea	<input type="checkbox"/> Pain with Bowel Movement	<input type="checkbox"/> None
<input type="checkbox"/> Liver Disease	<input type="checkbox"/> Rectal Bleeding or Blood in Stool	
<input type="checkbox"/> Jaundice		
GENITOURINARY		
<input type="checkbox"/> Frequent Urination	<input type="checkbox"/> Burning with Urination	<input type="checkbox"/> Pain with Urination
<input type="checkbox"/> Blood in Urine	<input type="checkbox"/> Change of force of Stream with Urinating	
<input type="checkbox"/> Kidney Stones	<input type="checkbox"/> Incontinence or Dribbling	
<input type="checkbox"/> Sexual Difficulty	<input type="checkbox"/> Urinary Tract Infections	
<u>Males</u>	<input type="checkbox"/> Testicle Pain	<input type="checkbox"/> Prostate Problems
<u>Females</u>	<input type="checkbox"/> Pain with Periods	<input type="checkbox"/> Irregular Periods
<input type="checkbox"/> Vaginal Discharge	# of Pregnancies_____	# of Miscarriages_____
<input type="checkbox"/> Currently Pregnant	Date of last Menstrual Period_____	<input type="checkbox"/> None
MUSCLES AND BONES/MUSCULOSKELETAL		
<input type="checkbox"/> Joint Pain	<input type="checkbox"/> Joint Stiffness	<input type="checkbox"/> Joint Swelling
<input type="checkbox"/> Weakness of Muscles	<input type="checkbox"/> Weakness of Joints	<input type="checkbox"/> Muscle Pain
<input type="checkbox"/> Back Pain	<input type="checkbox"/> Muscle Spasms or Cramps	
<input type="checkbox"/> Difficulty Walking	<input type="checkbox"/> Coldness in Arms or Legs	<input type="checkbox"/> None
SKIN/BREAST/INTEGUMENTARY		
<input type="checkbox"/> Rash	<input type="checkbox"/> Itching	<input type="checkbox"/> Varicose Veins
<input type="checkbox"/> Change in Skin Color	<input type="checkbox"/> Change in Hair or Nails	<input type="checkbox"/> None
<input type="checkbox"/> Breast Pain	<input type="checkbox"/> Breast Lump	<input type="checkbox"/> Breast Discharge

NEUROLOGICAL

- | | | |
|---|--|--|
| <input type="checkbox"/> Frequent Headaches | <input type="checkbox"/> Lightheaded or Dizzy | <input type="checkbox"/> Tremors |
| <input type="checkbox"/> Convulsions/Seizures | <input type="checkbox"/> Numbness | <input type="checkbox"/> Tingling |
| <input type="checkbox"/> Paralysis | <input type="checkbox"/> Stroke | <input type="checkbox"/> Head Injury |
| <input type="checkbox"/> Speech Problems | <input type="checkbox"/> Coordination Problems | <input type="checkbox"/> Face Weakness |
| | | <input type="checkbox"/> None |

MENTAL/PSYCHIATRIC

- | | | |
|-------------------------------------|--------------------------------------|--------------------------------------|
| <input type="checkbox"/> Confusion | <input type="checkbox"/> Memory Loss | <input type="checkbox"/> Nervousness |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Insomnia | <input type="checkbox"/> None |

GLANDS/ENDOCRINE

- | | | |
|---|--|--|
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Thyroid Disease | <input type="checkbox"/> Hormone Problems |
| <input type="checkbox"/> Excessive Thirst | <input type="checkbox"/> Excessive Urination | <input type="checkbox"/> Skin becoming Dryer |
| <input type="checkbox"/> Heat or Cold Intolerance | <input type="checkbox"/> Change in Hat or Glove Size | <input type="checkbox"/> None |

BLOOD/INFECTION HEMATOLOGIC/LYMPHATIC

- | | | |
|--|--|--|
| <input type="checkbox"/> Slow to Heal after Cuts | <input type="checkbox"/> Bleeding Tendencies | <input type="checkbox"/> Bruises Easily |
| <input type="checkbox"/> Anemia | <input type="checkbox"/> Plebitis | <input type="checkbox"/> Past Transfusions |
| <input type="checkbox"/> Persistent Swollen Glands | | <input type="checkbox"/> None |

ALLERGIC/IMMUNOLOGIC

- Cancer Where _____ Treatment _____
- List Food Allergies _____
- List Environmental Allergies _____
- (Dust, Pollen, Molds, Etc.) _____
- None

I certify that the above information is complete and correct to the best of my knowledge:

Name of Person Completing Form

Relationship to Patient

Signature of Person Completing Form

Date

Note: This is a confidential record and will be kept in our office. Information contained here will not be released to anyone other than your doctor without your authorization.



Covenant HealthCare
 1447 North Harrison
 Saginaw, MI 48602

CONSENT/PATIENT INFORMATION

PF02996 (2/11)

PATIENT I.D.

Patient Full Legal Name: _____ Photo ID: y/n _____

Date of Birth: _____ Soc Sec #: _____ Patient Sex: _____ Male _____ Female

Address: _____ Marital Status: S / M / D / W

City, State, Zip: _____ Ethnicity: _____

Telephone: _____ Preferred Language: _____

Cell Phone#:(_____) _____ Race: White / Black / Hispanic / Asian / Other

Email Address: _____

Contact Person Other than Home: _____ Telephone #: (_____) _____ - _____

Patient Employer: _____ Employer Telephone: _____

Employer Address: _____ Date of Retirement: _____

Student:Full Time: _____ Part Time: _____ Parent/Guardian: _____

Family Doctor: _____ Referring Doctor: _____

Pharmacy _____ Location: _____

BILL TO:Self ___ Parent/Guardian ___ Work comp ___ Auto ___ Insured Name & Date of Birth _____

Primary Insurance: _____ Secondary Insurance: _____

Spouse Name: _____ Spouse Employer: _____

Spouse Date of Birth: _____ Employer Address: _____

Spouse Soc. Sec. #: _____ - _____ - _____ Date of Retirement: _____

AUTHORIZATION FOR MEDICAL INSURANCE BENEFITS

- 1) I assign payment to be made on my behalf to Covenant Healthcare.
- 2) I also authorize Covenant Healthcare to furnish information necessary for claims processing to any insurance carrier concerning my illness and treatments.
- 3) A universal claim form will be completed to help expedite insurance carrier payment.
- 4) I understand that all professional services will be charged to the patient for insurance other than our participating carriers.
- 5) Payment of the account is the patient's direct responsibility and I am responsible for any non-paid services.
- 6) Payment for services are due when rendered unless other arrangements have been made in advance with our billing staff.

_____ Date

_____ Patient Signature/Guardian



Covenant HealthCare
1447 North Harrison
Saginaw, MI 48602

**ACKNOWLEDGMENT/
RECEIPT OF NOTICE OF
PRIVACY PRACTICES**

PF08203 (R 12/04)

PATIENT I.D.

I acknowledge, by signing below, that I have received a copy of the Covenant HealthCare **Notice of Privacy Practices.**

Name

Signature

Date: ____/____/____

Covenant HealthCare Staff Use Only

Acknowledgment Received: ____/____/____

Reason Acknowledgment **was not** Received:

I have previously received the Notice of Privacy Practices.

Other, explain:

Covenant HealthCare Staff _____
(Signature)



Authorization for Release of Information

This may include your spouse, children, siblings, caregiver, etc

Date: _____

I, _____, give Covenant Neurosurgery permission to release and/or discuss my medical information with the following people:

Name: _____

Relationship: _____ Phone: _____

Name: _____

Relationship: _____ Phone: _____

Name: _____

Relationship: _____ Phone: _____

I, _____, give consent to the office listed above to identify themselves and leave messages on the answering machines/voice mails attached to the phone numbers I have listed as my contact numbers. I understand that the messages may include information on dates of future appointments and/or test results.

Patient Signature *

Date of Birth

Date

Witness

Date

Patient Name (please print): _____

Date of Birth: _____

Date of Questionnaire: _____

We ask that you please complete this form as fully and accurately as possible. Some questions may be difficult, but we ask that you answer them to the best of your ability. Please be sure to follow the directions in each section. Clearly print responses and mark boxes where needed.

Thank you for your time filling out this questionnaire, your answers will help us to provide the best possible spine care.

Neck & Arm Pain Scale

Please describe your neck and arm pain when off your pain medication. Please rate your neck pain and arm pain on a scale of 0 to 10, where zero (0) would mean "no pain" and a ten (10) would mean "worst pain imaginable."

For example, describe your pain when you are off your medication, after your pain medication has worn off, when you are due to take your next pill, that is please describe how your pain would feel if you were not on pain medication.

Please rate your neck pain on a scale of 0 to 10 over the past 7 days (0 through 10): _____

Now, please rate your arm pain on a scale of 0 to 10 over the past 7 days (0 through 10): _____

Neck Disability Index (NDI)

This questionnaire is designed to help us better understand how your neck pain affects your ability to manage everyday-life activities. Please mark in each section the one box that applies to you.

Although you may consider that two of the statements in any one section relate to you, please mark the box that most closely describes your present-day situation.

Section 1 - Pain intensity

- 0 I have no neck pain at the moment
- 1 The pain is very mild at the moment
- 2 The pain is moderate at the moment
- 3 The pain is fairly severe at the moment
- 4 The pain is very severe at the moment
- 5 The pain is the worst imaginable at the moment

Section 2 - Personal care

- 0 I can look after myself normally without causing extra neck pain
- 1 I can look after myself normally, but it causes extra neck pain
- 2 It is painful to look after myself, and I am slow and careful
- 3 I need some help but manage most of my personal care
- 4 I need help every day in most aspects of self-care
- 5 I do not get dressed. I wash with difficulty and stay in bed

Section 3 – Lifting

- 0 I can lift heavy weights without causing extra neck pain
- 1 I can lift heavy weights, but it gives me extra neck pain
- 2 Neck pain prevents me from lifting heavy weights off the floor but I can manage if items are conveniently positioned, i.e. on a table
- 3 Neck pain prevents me from lifting heavy weights, but I can manage light weights if they are conveniently positioned
- 4 I can lift only very light weights
- 5 I cannot lift or carry anything at all

Section 4 - Reading

- 0 I can read as much as I want with no neck pain
- 1 I can read as much as I want with slight neck pain
- 2 I can read as much as I want with moderate neck pain
- 3 I can't read as much as I want because of moderate neck pain
- 4 I can't read as much as I want because of severe neck pain
- 5 I can't read at all

Section 5 – Headaches

- 0 I have no headaches at all
- 1 I have slight headaches that come infrequently
- 2 I have moderate headaches that come infrequently
- 3 I have moderate headaches that come frequently
- 4 I have severe headaches that come frequently
- 5 I have headaches almost all the time

Section 6 - Concentration

- 0 I can concentrate fully without difficulty
- 1 I can concentrate fully with slight difficulty
- 2 I have a fair degree of difficulty concentrating
- 3 I have a lot of difficulty concentrating
- 4 I have a great deal of difficulty concentrating
- 5 I can't concentrate at all

Section 7 - Work

- 0 I can do as much work as I want
- 1 I can only do my usual work, but no more
- 2 I can do most of my usual work, but no more
- 3 I can't do my usual work
- 4 I can hardly do any work at all
- 5 I can't do any work at all

Section 8 - Driving

- 0 I can drive my car without neck pain
- 1 I can drive my car with only slight neck pain
- 2 I can drive as long as I want with moderate neck pain
- 3 I can't drive as long as I want because of moderate neck pain
- 4 I can hardly drive at all because of severe neck pain
- 5 I can't drive my car at all because of neck pain

Section 9 - Sleeping

- 0 I have no trouble sleeping
- 1 My sleep is slightly disturbed for less than 1 hour
- 2 My sleep is mildly disturbed for up to 1-2 hours
- 3 My sleep is moderately disturbed for up to 2-3 hours
- 4 My sleep is greatly disturbed for up to 3-5 hours
- 5 My sleep is completely disturbed for up to 5-7 hours

Section 10 - Recreation

- 0 I am able to engage in all my recreational activities with no neck pain at all
- 1 I am able to engage in all my recreational activities with some neck pain
- 2 I am able to engage in most, but not all of my recreational activities because of pain in my neck
- 3 I am able to engage in only a few of my recreational activities because of neck pain
- 4 I can hardly do recreational activities due to neck pain
- 5 I can't do any recreational activities due to neck pain

FOR OFFICE USE:

Date _____ / _____ / _____

Score _____ / _____ X 100 = _____ %

Name: _____

Date of Birth: _____

Quality of Life (EQ-5D)

By marking one box in each group below, please indicate which statements best describe your own health state today.

Mobility

- I have no problems in walking about
- I have some problems in walking about
- I am confined to bed

Self-Care

- I have no problems with self-care
- I have some problems washing or dressing myself
- I am unable to wash or dress myself

Usual Activities (e.g. work, study, housework, family or leisure activities)

- I have no problems with performing my usual activities
- I have some problems with performing my usual activities
- I am unable to perform my usual activities

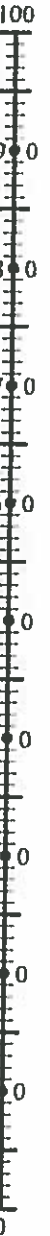
Pain/Discomfort

- I have no pain or discomfort
- I have moderate pain or discomfort
- I have extreme pain or discomfort

Anxiety/Depression

- I am not anxious or depressed
- I am moderately anxious or depressed
- I am extremely anxious or depressed

Best
imaginabl
health sta



Worst
imaginable
health state

To help people say how good or bad a health state is, we have drawn a scale (rather like a thermometer) on which the best state you can imagine is marked 100 and the worst state you can imagine is marked 0.

We would like you to indicate on this scale how good or bad your own health is today, in your opinion. Please do this by choosing a number on the scale to indicate how your health is TODAY.

Now, please enter the number you chose on the scale in the box provided (0 through 100): _____

Do you participate in activities outside the home (i.e. gardening, golf, walking, cycling, volunteering)?

- Yes
- No

If "Yes":

Would you describe your activity as....

- Sedentary or Light Moderate Strenuous

Do you participate in activities inside the home (vacuuming, cooking, general housework)?

- Yes No

If "Yes":

Would you describe your activity as...

- Sedentary or Light Moderate Strenuous

Do you plan on returning to your previous activity?

- Yes No

On a daily basis, do you generally walk...

- Independently
 With an assistive device (cane or walker)
 Do not walk (wheelchair bound)

Modified Japanese Orthopedic Association Myelopathy Scale (modified Chiles version)

Each of the 6 questions below has a choice of answers. Please indicate which answer best describes your own health state today.

1. Feeding and use of your hands and arms.

Describe your ability to feed yourself.

- Unable to feed myself
 Unable to use both hands for knife and fork, but I am able to eat using a fork or spoon with one hand
 Able to use a knife and fork with much difficulty
 Able to use a knife and fork with slight difficulty
 Able to feed myself with no difficulty using both hands

2. Walking and use of your legs. Describe your ability to walk.

- Unable to walk
 Can walk on flat surface with a cane or walker
 Can walk up or down stairs with support of a handrail
 Some trouble walking smoothly and problems with balance
 No problem walking

3. Loss of feeling or numbness in hands and arms.

Describe your ability to feel sensation in your hands or arms.

- Severe loss of feeling in my hand or arm, loss of pain, touch or sensation
- Mild loss of feeling in my hand or arm
- No loss of feeling in my hands and arms

4. Loss of feeling or numbness in legs.

Describe your ability to feel sensation in your legs.

- Severe loss of feeling in my legs
- Mild loss of feeling in my legs
- No loss of feeling in my legs

5. Loss of feeling or numbness in the trunk of my body.

Describe your ability to feel sensation in your body.

- Severe loss of feeling in my body
- Mild loss of feeling in my body
- No loss of feeling in my body

6. Problems with urinating.

- Cannot urinate, void, or pee
- Severe difficulty because of feeling of residual urine or retaining urine even after voiding or because of straining to go or just dribbling when urinating
- Mild difficulty because of problem with initiating or getting started or problem with urinating either too frequently or hardly ever
- No problems with urinating or peeing

Over the last 2 weeks, how often have you been bothered by any of the following problems?

1. Little interest or pleasure in doing things

- Not at all
- Several days
- More than half the days
- Nearly every day

2. Feeling down, depressed, or hopeless

- Not at all
- Several days
- More than half the days
- Nearly every day

Do you have a history of....

Smoking

- Current every day smoker
- Current some days smoker
- Former smoker
- Never smoked
- Prefer not to answer

Diabetes

- No
- Yes, Type I
- Yes, Type II - Insulin dependent
- Yes, Type II - Non-insulin dependent

Coronary Artery Disease (CAD)

- Yes
- No

Osteoporosis

- Yes
- No

Anxiety Disorder

- Yes
- No

Depression Disorder

- Yes
- No

Did you ever have a blood clot (deep venous thrombosis)?

- Yes
- No

Has your doctor ever told you that you have a tendency to form blood clots?

- Yes
- No

Do you take opioid painkillers **daily** to control your pain? (prescription medications such as Vicodin, Lortab, Norco, hydrocodone, codeine, Tylenol #3 or #4, fentanyl, Duragesic, MS Contin, Percocet, Tylox, OxyContin, oxycodone, methadone, tramadol, Ultram, Dilaudid)

- Yes
- No

If "Yes":

How long have you been using opioid painkillers on a daily basis?

- Less than 3 weeks
- 3 weeks but less than 6 weeks
- 6 weeks but less than 3 months
- 3 months but less than 6 months
- 6 months or greater

Is this spinal injury related to...

Was your spinal injury caused by a motor vehicle injury?

- Yes No Unknown

Workers Compensation Claim

- Yes No Undecided Prefer not to answer

Liability or Disability Insurance Claim

- Yes No Undecided Prefer not to answer

Employment...

Are you working?

- Yes - Full-time
 Yes - Part-time
 No
 Retired
 Volunteering
 On disability

If "Yes - Part-time"

Is the part-time status because of your neck or back problems?

- Yes No

If "Yes" Either "Full-time" or "Part-time":

Would you say your job was...

- Sedentary
 Light
 Medium
 Heavy

Does your job require you to stand up to 6 hours per day?

- Yes No

Does your job require you to lift ...

- Frequently more than 50 pounds
 Frequently more than 25 pounds and occasionally 50 pounds
 Frequently 10 pounds and occasionally 25 pounds
 Occasionally up to 10 pounds

Regardless of your current work status, do you plan to return to work after your surgery?

- Yes No Unknown

If "Are you working?" is "Retired":

Are you retired because of your back or neck problems?

- Yes No

If "Are you working?" is "No":

Are you not working because of your back or neck problems?

- Yes No

Additional information...

Race/Ethnicity

- White
 Black or African American
 Asian
 Hispanic or Latino
 American Indian
 Unknown/Refused
 Other

Level of Education

- Less than High School
 High School Diploma or GED
 Two-Year College Degree
 Four-Year College Degree
 Post-College

What is your preference for future contact for this study?

- E-mails with access to web-based questionnaires

E-mail address: _____

- Telephone calls with questionnaires by interview process

Phone number: _____

- Mailings with paper questionnaires to be returned